

Resources for Sick Leave/Return to Work

- **APEX**
 - [Advisory Services](#)
 - [Guides and Materials available online](#)
 - Specifically [APEX Guide to LTD](#) (members only) and [INFO APEX Leave Entitlements for Executives](#) (members only)
- **[Industrial Alliance \(Life, disability\)](#)**
 - 1-800-422-6487
- **[Directive on Terms and Conditions of Employment for Executives in Schedule 1](#)**
 - [Sick Leave](#) is covered in section A.II.5
- **Your Departmental Policies/Guidelines/Forms**
- **[Health Assessments from Health Canada](#)**
- **Your Labour Relations Team**
- **Your Return To Work Unit** (if available service)
- **Your Departmental Ombudsman's Office**