2022-2023 APEX Advisory Services for Executives Year in Review

Provided a safe space for executives to discuss and raise workplace concerns

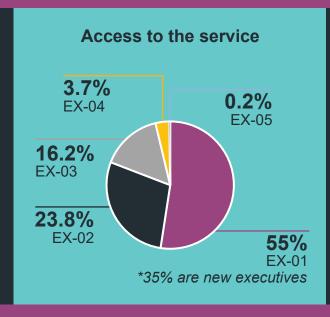
550

1787

Client requests Total client sessions



79.1% NCR **18.3%** Regions 2.7% International



A diversified executive cadre

Increased access from Indigenous women, Black women and women of colour, executives with a disability, members of 2SLGBTQIA+ communities



Empowered individual executives and senior management to take action

- More than 60 outreach presentations to departments
- Active network of APEX ambassadors to promote ASE
- Partnership with the ombuds community
- Practical guides for new and aspiring executives
- Reflections and best practices document shared with over 2.500 senior leaders





Main Reasons for contacting ASE

- Career and workload management
- Health and mental health
- Conflict management
- Terms and conditions of employment
- Workplace harassment and violence complaints





Among the issues raised

- Abrasive leadership styles and incivility in senior ranks
- Lack of psychological safety
- Forced career transitions
- **Budget constraints**
- Workload management

